# **AMB** AT MY BEST

### KATHY BAIN

## LEADERSHIP COACH

Kathy is an experienced consultant who is enthusiastic about supporting her clients to use their strengths, deal with challenges, build their capability and confidence to achieve their goals and increase their leadership effectiveness.



#### QUALIFICATIONS

- Certified Coach (Institute of Executive Coaching and Leadership)
- Certificate IV of Workplace Training and Assessment
- Graduate Diploma Training and Development
- Graduate Diploma Human Resources Management
- Bachelor of Arts (Sociology)

### EXPERIENCE

Kathy has had an extensive career supporting the growth of leaders and teams through focused development and coaching to achieve their best results. With broad industry experience including higher education, government, finance, health and aerospace, Kathy has designed and delivered bespoke leadership and coaching programs for leaders at all levels. She has a particular focus on developing leaders and high-performing teams in areas of communication, giving feedback, growth mindset, influencing others, dealing with change, leading remotely, creating a clear purpose, and coaching.

Through coaching, Kathy empowers people to thrive and gain higher levels of satisfaction and achievement in their work. She is known for her energetic and authentic style and is committed to supporting clients to use their strengths and increase their performance.

Get in touch info@atmybest.com.au 1300 099 938