

CATHERINE ALLEN

EXECUTIVE & LEADERSHIP COACH

Catherine is a highly experienced and effective executive coach and facilitator of leadership development programs, with over 20 years' experience throughout Australia.



QUALIFICATIONS

- ▶ Diploma, Neuroscience of Leadership
- ▶ Post Graduate Diploma in Organisational Psychology
- ▶ Bachelor of Science (Psychology)

CERTIFICATIONS & SPECIALISATIONS

- ▶ Associate Certified Coach (ACC) with International Coach Federation (ICF)
- ▶ Advanced Certificate & Professional Certificate of Executive Coaching – Institute of Coaching and Consulting Psychology (ICCP)
- ▶ Certified Coach – Conversational Intelligence
- ▶ Accredited Coach – Institute of Executive Coaching and Leadership (IECL)

EXPERIENCE

With a keen interest in people being empowered as leaders, Catherine began her coaching career in the Western Australian tertiary education sector and continues today in Queensland in both the public and private sectors. Her coaching experience ranges from leadership development coaching with executive and senior leaders, through to management development coaching with mid-level managers.

Catherine partners with her coaching clients to fulfill their development goals. Key ingredients in her success are her compassion and empathy combined with an evidenced/strengths-based coaching approach.

Drawing on over 20 years of coaching experience she tailors her approach with each individual. Her belief is that each person can create their own solutions, with the right questions. She is committed to empowering people to create their own futures by developing their leadership abilities and teams. Her direct, authentic approach enables her to generate strong commitment and sustainable cognitive and behavioural change with leaders at all levels.

Get in touch

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