

# DYLAN FORBES

## EXECUTIVE & LEADERSHIP COACH

Dylan approaches coaching with a blend of practicality and compassion. His coaching and facilitation experience provides him with a wealth of skills to extend people's views of themselves and others and make changes that will have a positive impact in their lives and their leadership practices.



## QUALIFICATIONS

- ▶ Bachelor of Science Psychology (Hons)
- ▶ Master Practitioner NLP
- ▶ Diploma of NLP and Coaching

## EXPERIENCE

Dylan has over 20 years' experience in facilitating solution-focused developmental conversations with clients.

He is a strong proponent of Carol Dweck's Mindset approach to continual growth and development and applies this in all his work. He is known for his ability to both support and challenge people to overcome limitations and reach new outcomes.

Over the last 5 years, Dylan has been a co-developer of a program of coaching and feedback processes, skills development and resources for leaders in the Department of Education.

Dylan has also contributed significantly to leadership development in UNSW Sydney, Western Sydney University, University of British Columbia, NSW Health, and a range of other public and private organisations in Australia and internationally.

Dylan is an accredited Master Practitioner in Neuro-Linguistic Programming (NLP) and Accredited Trainer for The Skills of Participative Leadership.

He has a passion for helping people balance the pressures of work with self-care and maintaining personal well-being to increase people's effectiveness in their roles.

Get in touch

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